

All Wasatch Figure Skating Club Coaches (listed in alphabetical order below) are independent contractors. If you are interested in taking private lessons, please contact the coach using the contact information provided in their bio. Please contact the coach directly for questions about his or her rate. Please note that ice time and skate rental are not included in a coach's rate.

Letitia Ahrensback



(801) 309-5817 / skatewithtish@live.com

Professional coaching experience since 2003. Figure Skating/Dance Choreography experience since 1999. National Showcase Coach. Ice Show Director. Experience teaching children since 1999. NAC Credential in Early Childhood Education. AS in Health Sciences. Red Cross Certified Instructor. Summer Camp Director. Trained at Ice Castles International Training Center in California. Performed in various ice shows, including the Utah Ice Theater, and on-stage theatrical/musical productions. Danced competitively on show and drill teams for 5 years. Coaching Disciplines: Basic skills, Moves in the Field, Jumps, Spins, Power Skating. Specializing in Choreography/ and Performance. Also, Fundamental skating skills and development of beginning athletes.

Alexandra Gerday



(801) 851-0765 / Alexandra.gerday@gmail.com

Professional figure skating coach with 10 + years of experience. Member of the Professional Skater's Association since 2010. MS in Kinesiology and Health, with an emphasis in Sports Leadership, Graduate Certificate in Sports Psychology. BS in Sports Leadership and Management, specializing in Coaching. Currently CPR and First Aid certified. PSA rated Coach, Registered Moves, Registered Group, Senior Program Director. Tested Gold in US Figure Skating Tests, Move in the Field, Freestyle, Dance and Solo Free Dance. 2014 National Champion in College Varsity Synchronized skating.

Mark Jensen



(801) 710-6129 / marknd23@hotmail.com

Mark is a fun coach who encourages an upbeat and positive approach to the sport of skating. Adult Gold Medalist, Silver Ice Dance and Novice Moves in the Field level. Mark has been skating for 24 years performing in many WFSC Ice Shows, Sun Valley Adult Ice Shows, and the 1998 U.S. Figure Skating National's Opening Ceremony. He also grew up playing with Golden Spike and Weber High Hockey teams. He has a BS Degree and has worked with athletes from a variety of sports including, WSU Women's Basketball team and supervising their summer camps for 7 years, Curling and Special Olympics. Specialties of his teaching are Ice Dance, Learn to Skate Skills and Adult Moves in the Field.

Amanda Kovar



(801) 389-4125 / amandakovar@gmail.com

Originally from Bemidji, Minnesota. Coaching experience since 1990 in Minnesota, Wisconsin, Michigan, Idaho, Wyoming, Utah. Attended Bemidji State University and University of Minnesota Duluth Elementary Education Programs. Developed Weber State University skating class in Ogden, Utah 2003. Senior National and International Team USA Coach. Specializes in Jump Technique, Choreography, Moves in the Field, Off Ice Conditioning. Gold Coach in Freestyle, Ice Dance, 7th Figure Test, State and Regional Champion. Performed and trained with the Minnesota School of Ballet. Professional Ice Show Skater for Disney on Ice 1996-2000, Sun Valley Ice Show 2002-2004. Performed in the Opening and Closing Ceremonies in the 2002 Olympic Winter Games.

Karel Kovar



(801) 721-6251 / karelkovar68@gmail.com

Coaching and choreography since 1989 in Slovakia, Leningrad, Germany, and Minnesota. Completed USFSA Senior Freestyle, Gold Figures, and Gold Pairs. Placed 2nd four years at Czechoslovakian National Championships in singles and pairs. Senior National and International Team USA Coach. Graduate of the Institute of Physical Culture, Leningrad, Russia Sports University with an emphasis in sports medicine, choreography, and off-ice conditioning. International competitor and professional show skater with Holiday on Ice, Disney on Ice and Sun Valley ice shows. Performed in the 2002 Opening and Closing Olympic Ceremonies.

Elizabeth Murdock



(317) 373-7681 / icecoachelizabeth@gmail.com

Originally from the east coast, Elizabeth has been skating for almost 30 years. As a coach for over ten years, Elizabeth enjoys sharing the love of skating and its life lessons. Also, an active competitive adult skater, she has participated in the US Adult Figure Skating Championships for 15 years, winning numerous medals and awards. She sees skating as a lifelong endeavor and appreciates the opportunity to continuously improve as a skater and performer.

All WFSC coaches are members of U.S. Figure Skating, have passed an annual background check and completed annual Continuing Education Requirements, SafeSport, and concussion training.